



## 2021 HNE Cub Scout Hiking Club

### Club Rules

1. Hikes should be on marked trails or in the winter bike trails. (This program is meant to get Cub Scouts into nature not just walking around the neighborhood)
2. Practice Leave No Trace and the Outdoor Code.
3. Follow local trail rules.
4. Siblings may participate but only Cub Scouts will receive hiking awards and mileage



## Trail Rules?

1. Stay on developed trails. Cutting across switchbacks can trample down vegetation, which holds topsoil in place.
2. Travel single file on most trails, leaving some space between you and the person ahead of you.
3. Hikers coming up the trail have the right of way. Allow faster hikers to “hike through” so they can keep up their pace.
4. If you meet a person on horseback, stop where you are and stand quietly while the animal passes. This will prevent the horse from being spooked.
5. Do not pick, cut or abuse and plants or animals. You are a visitor in their home.
6. Develop a low-impact (Leave No Trace) wilderness ethic for everyone in your group.
7. Leave all gates the way you found them.
8. Do not repair trails or remove logs, branches or boulders from the trail without prior approval.
9. Abide with all the rules and regulation of the area in which you are hiking. Report any infractions to the authorities.
10. Do not operate any audio devices including radios, musical instruments or other noise producing devices in a manner that will disturb other people.
11. Pick up any litter that you may see or encounter on the trail. A Scout leaves an area better than when they found it.



## Parent/Guardian Behavior

1. Have Good Manners and Respect Nature. Families can share the values of leaving nature undisturbed and intact for others to enjoy. We can explore new ways of living “low-impact” lives that extend beyond the time we spend in our parks. Getting along with others and conserving the environment are good manners and should be learned and shared with the Scouts.
2. Be Enthusiastic! The hike may seem never-ending or the hill may seem gigantic, but taken one-step at a time it will be quickly beneath your feet. The example that you set will be the model that the Scouts will follow.
3. Have Fun! Make up some games for the Scouts to play, check the Hiking Club website, look for animals, and share our world. Do not be in a hurry, enjoy it!
4. Siblings may participate but only Cub Scouts will receive hiking awards and mileage
5. Be a Role Model for Your Scouts. Be on your best behavior and follow the rules.



## Important Things to Know Before Hitting the Trail

1. Carry the Cub Scout Six Essentials
  - a. Filled Water Bottle
  - b. Flashlight
  - c. Whistle
  - d. First Aid Kit
  - e. Sun Protection/Insect Repellent
  - f. Trail Food
2. Wear Proper Attire
  - a. Check the Weather
  - b. Dress in Layers
  - c. Wear Good Comfortable Footwear (No Open Toed Sandals)
  - d. Wear a Hat in All Seasons
  - e. Carry a Backpack for your Gear
  - f. Wear "Blaze Orange" in Hunting Season
3. Review the Outdoor Code With Your Cub Scouts
  - a. As an American, I will do my best to be clean in my outdoor manners, be careful with fire, be considerate in the outdoors and be conservation minded.
4. Review the Leave No Trace Principles
  - a. Know Before You Go
  - b. Stay on the Path
  - c. Trash Your Trash



BOY SCOUTS OF AMERICA  
HEART OF NEW ENGLAND COUNCIL

1980 LUNENBURG ROAD  
LANCASTER, MA 01523  
508-752-3769

[WWW.HEARTOFNEWENGLANDBSA.ORG](http://WWW.HEARTOFNEWENGLANDBSA.ORG)

- d. Leave What you Find
- e. Respect Other Visitors
- f. Pick Up After Your Pet

## **COVID-19 Guidelines**

1. Follow All Federal, State, Local and BSA COVID-19 Guidelines
2. Arrive Early to Avoid Crowds
3. If the Area is “Full”, Find Another Hiking Spot
4. Wear a Facial Covering, Social Distance and Hand Sanitize Often